

IPU New Zealand's actions to mitigate the risks posed by COVID-19

Dear all

As we all know, IPU is an international environment. To keep everybody safe and well, please read and follow the guideline below very carefully. Your responsible actions help you, your friends, staff and the whole community.

NEW AND RETURNING STUDENTS

Coming back to IPU New Zealand from within New Zealand
(No overseas travel)

Please contact Student Support (studentsupport@ipu.ac.nz) before you arrive at IPU, so we can know when you are coming back.

Coming back to IPU New Zealand from overseas
(Both on-campus and off-campus students)

Please contact Student Support (studentsupport@ipu.ac.nz) before you arrive at IPU. We will provide pick-up service at the airport or bus stop. You must self-isolate for 14 days from the date you arrive. We will regularly check your temperature as part of COVID-19 check

SELF ISOLATION

What is self-isolation?

Self-isolation is to place yourself away from other people, so that the risk of infection is minimised.

You must NOT physically contact anybody during self-isolation.

Where should I self-isolate?

If you live on campus, we will take you to designated Halls for self-isolation. If you live off campus, you have to self-isolate at home.

I will live on campus.
What happens to meals?
Can I go to the Dining Hall?

We will deliver meals to your rooms, three meals a day, seven days a week. You must NOT go to the Dining Hall.

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| <p>Can I go to other places? Can I go shopping?</p> | <p>We are extra careful about this. During the self-isolation period, please do NOT go to other places. You are welcome to go out in the courtyard in your Hall and relax. Do not go shopping. If you need to buy something, please let Student Support know. We will do the shopping for you.</p> <p>As the majority of the student body is international at IPU, most of our students need self-isolation. Since their arrival dates differ, it will be very difficult to identify who has finished self-isolation and who has not. By staying in your Hall during the self-isolation period, you are supporting your friends, staff, and the whole community to stay safe.</p> <p>This is more strict than the guideline of the Ministry of Health.</p> |
| <p>Can my friends visit me during my self-isolation?</p> | <p>NO.</p> <p>Do not allow your friends to come to see you. Please communicate online or other ways so that they will not physically contact you.</p> |
| <p>Can I keep the doors of my Hall open?</p> | <p>NO.</p> <p>During the self-isolation period of anyone at your Hall, doors must stay closed.</p> |
| <p>Can I keep the windows of my Room open?</p> | <p>YES.</p> <p>Keep your Room well ventilated. If you speak to someone through your open window, make sure they are at least 2 metres away from the window, and do not talk for longer than 15 minutes.</p> |

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| <p>Can I use Common Room and other communal areas in my Hall?</p> | <p>YES.</p> <p>Please be careful, however, to minimise the risk. In the Common Room, please keep the distance of minimum 2 metres from other people. Do NOT spend more than 15 minutes around other people per time. In the bathrooms, spend less than 15 minutes per use.</p> |
| <p>When will the Semester One start? What happens if I am still self-isolating?</p> | <p>Semester One starts on Tuesday 14 April 2020. For anyone of you who cannot attend classes due to self-isolation, we are preparing online delivery of classes.</p> |
| <p>What happens to April Orientation for new students?</p> | <p>We will deliver it online, so that they do not have to physically come together.</p> |
| <p>What happens to other events?</p> | <p>We will assess the risk of them, and advise you of any event cancellations. The 30th celebration events have been cancelled. Student Support will advise of any further cancellations if they happen.</p> |

PEOPLE IN SELF ISOLATION MUST NOT

- ✗ Go closer than 2 metres from people, or stay around people for more than 15 minutes.
- ✗ Use public transport (eg: buses, taxis) or go in cars with friends.
- ✗ Invite visitors to come to see them.
- ✗ Share towels, cups, plates or other items with anyone else (including other people in self-isolation).

PEOPLE IN SELF ISOLATION MUST

- ! Stay 2 metres away from other people. That includes other self-isolated people (unless there is a group of people who travelled together, eg: family on a holiday).
- ! Spend only short times around other people. Less than 15 minutes is OK.
- ! Spend little time in shared spaces like bathrooms and kitchens.
- ! Call Healthline on 0800-611-116 if they have a cough, fever, shortness of breath (hard to breathe), sneezing or a runny nose. (Students can call Student Support, and Student Support will help them contact a Healthline).
- ! Wash their hands (20 seconds of washing with soap, then rinse and dry) after being in places used by other self-isolated people (eg: bathrooms). Good quality hand sanitiser can be used instead, if hands are not dirty.

FEELING UNWELL

If I should feel unwell, what should I do?

Please contact Student Support (studentsupport@ipu.ac.nz), or Healthline (0800 358 5453), immediately.

If I need to see a doctor, will my insurance cover the cost?

If you are unwell because of COVID-19, the New Zealand Government covers the cost. If you are unwell because of other reasons, your insurance policy applies.

Last but not the least, the New Zealand Government has set the following website 'Unite against COVID-19'. We believe you will find it helpful, click the image below to visit the website



Or type: covid19.govt.nz into your browser

Let's work together to keep all of us well and happy!